

Ideas for pledges

Here are a few ideas to get you started. Pledges can be made for school or home. Get everyone involved and collect as many pledges as possible.



I pledge to...

- turn off all lights when I'm not using them
- remember to switch off electrical items and not leave them on standby
- close doors when I go through them, to keep heat inside
- buy low energy light bulbs
- buy rechargeable batteries and chargers
- turn the central heating thermostat down to comfortable levels (19-20 degrees C)
- only boil as much water as I need
- walk, cycle or take public transport to school
- share my car journeys whenever possible
- walk instead of taking the car for short journeys
- recycle more and re-use things instead of throwing them away
- buy recycled products, or those with a high recycled content
- photocopy/print on both sides of the paper
- use both sides of paper before recycling
- use reusable bags and not plastic carriers
- bring packed lunches to school in reusable containers and cut down on items in my lunch that create waste
- always make sure taps are turned off when I've used them
- get a water butt for the garden
- fix dripping taps
- put a water 'hippo' or plastic bottle full of water in the toilet cistern to save water with every flush
- buy more local, seasonal food
- grow some of my food myself
- find out where my food comes from
- get a compost bin or wormery for the garden
- replace water-thirsty plants with drought-resistant and native species